



First Phase of Human Protection Program
Training Course on Introduction
to Basic Concepts of Human Rights, Cairo
March 28-30, 2021

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Basic Concepts of Human Rights

In pursuit of consolidation of human rights concepts, Insaf Center for Defending Freedom & Minorities carried out the first course for a group of Yemeni young women and men in Cairo. This activity is undertaken within the center's responsibility for deepening the culture of rights, not only for activists and practitioners in the field of human rights but also for everyone. Moreover, understanding and awareness of the rights, which are adopted on international and national levels, will contribute to protect citizens against violations on one side, and helping citizens in defending their rights on the other side.

Furthermore, the Center is keen to focus on group of young men and women, as the Center believes that they have abilities to change. So, the Center focuses on them and try to develop their cognitive abilities to contribute in the positive change. The training course included 16 young women and men, almost equally, in accordance with the principle of equality which contributes in serving the society and limits the negative bias that marginalizes woman.

The international trainer Ehab Sallam prepared the materials needed for the training course that concentrated mainly on "introduction to basic concepts of human rights and United Nations treaty & non-treaty mechanisms". The Yemeni embassy hosted this training course through providing a suitable place for three days, from March 28 to March 30.





Day One: Introduction to Human Rights' Concept

The first session of the first day included acquaintance, monitoring expectations, and pre-cognitive analogy. It also included discussing methodology, general framework of training and the beginning of learning journey. The second session included general introduction about international legitimacy of human rights, human rights concepts, international human rights instruments (fundamental human rights treaties), and concepts and characteristics of human rights. It also included discussing the differences between international law, international humanitarian law, international human rights law, and the legal basis of states' commitment to rights and freedom. The third session addressed types of rights and classifications of violations via knowing the difference between rights language and political language, in addition to types of rights and legal terminology of different violations.



Day Two: International Mechanisms of Human Rights

Day Two discussed the international mechanisms that protect Human Rights starting from the United Nations' mechanisms represented in the High-commissioner of Human Rights in terms of establishment, tasks, and competences and mechanisms of dealing with them. It also discussed treaty mechanisms for protecting United Nations Human Rights in terms of its types, deed of establishment, composition, competences, parallel reports (shadow reports) and how to draft them, attending discussion sessions and regulations related to them as well as making a presentation and work group. The last session addressed the non-treaty mechanisms for protecting united nations human rights such as the International Human Rights Council, in terms of establishment tasks, and clarifying the universal periodic review mechanism.



Day Three: Civil Society and Human Rights

In the third and last day, the training focused on the civil society's role in treaty and non-treaty mechanisms. The first session focused on the civil society's role in the treaty and non-treaty mechanisms in terms of drafting the parallel reports (shadow reports), attending discussion sessions and the regulations related to it, and following up implementation of recommendations. The subsequent session discussed promoting the value of citizenship and protecting fundamental rights through clarifying the national dialogue charter and promoting the value of citizenship.

Rights of Belief and Minorities

In its last session, the training focused on showing the importance of the freedom of opinion and expression and freedom of belief as they are considered the most important freedoms protected by international charters and treaties, and minorities rights



as it is considered the most important form in such matter, by indicating its location in the international conventions of concepts and regulations. Also, there were reading for the National Dialogue Charter recommendations and discussing ways of promoting citizenship.

Certificates and Honoring

The last day also included honoring all the participants and the service workers who helped in organizing the hall and keeping the place clean and prepared for the training. Ms. Eman Homaid, Head of Insaf Center, gave a word thanking the Embassy of Yemen for its cooperation and in offering a place for the training course as well as thanking the international trainer Mr. Ehab Sallam for his professional work in



instilling and communicating the fundamental concepts to the trainees, hoping that another detailed course will be organized in the future. Also, she thanked the trainees who seriously interacted in the training course in order to gain more knowledge about human rights and hopefully protecting them in future.